

Associated Recreation Council
100 Dexter Avenue North
Seattle, Washington 98109-5199

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SEATTLE, WA.
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Specialized Programs Section

Spring 2004



Seattle Parks & Recreation Department



**SEATTLE PARKS
AND RECREATION**

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PROGRAM INFORMATION

The Specialized Programs Section of the Seattle Parks and Recreation Department offers year round activities for individuals 4 years of age and older. The purpose is to provide recreational opportunities for individuals who may choose to participate in activities designed and conducted by specially trained staff. If you have questions or need further information, please call the Specialized Programs Office at 206-684-4950.

FEES & CHARGES

The programs and activities listed in this brochure are provided by the Specialized Programs Advisory Council under an agreement with the Department of Parks and Recreation. Fees collected by the Advisory Council are used to partially offset the cost of these programs. Class/program fees listed in this brochure include sales tax where applicable in accord with current provisions of the State Tax Code enacted by the State Legislature.

REFUND POLICY

It is the policy of the Seattle Department of Parks and Recreation and the Associated Recreation Council that any person who registers for a class, special event or program that is cancelled for any reason by the Department or the Advisory Council will receive a full refund. Any person who registers for a class, trip, special event, or facility rental, and who requests a refund within 14 days of its start (or before the second session of a class) may receive a refund minus a service charge. Any person who registers for a class, trip, special event, or facility rental and who withdraws from the activity fewer than 14 days before its start (or before the second session of class) will receive no refund.

PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, please call V/TDD 684-4950. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

As a matter of policy, law, and commitment, the Seattle Department of Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180)

PROFESSIONAL STAFF

Ken Bounds, Superintendent
Herbye White, Director, Recreation Support Services
David Jensen, Manager, Recreation Support Services
Nick Bicknell, Recreation Coordinator
Linda Guzzo, Administrative Specialist

Tori Fernau, Recreation Leader
Wendy Leatherman, Recreation Leader
Natalie Oates, Recreation Leader
Iris Swisshelm, Recreation Leader

ADVISORY COUNCIL

As the Specialized Programs Advisory Council is in its 35th year of operation, we invite you and your family to enjoy the recreational activities offered citywide. If you would like to help other like-minded citizens and the professional staff of the Specialized Programs Office with the development and operation of programs, you are invited to join the advisory council. The council meets the first Tuesday of each month. For further information on the advisory council, please call 206-684-4950. We would like to thank current advisory council members: *Kay Herndon, Jerry Rosso, Mary Sexton, Carol Smith, Rebecca Vincent, and Sabrina Whaley*

Important Information Regarding Access Service

We have increasing numbers of participants coming to and from programs via Access Service. Due to this increase, there have been issues raised that we would like you to be aware of when making arrangements for Access rides.

- 1) Access service will pick up and drop off participants for programs. The drivers generally do not wait for staff or for the buildings to open. The Specialized Programs staff arrive 15 minutes prior to the beginning of a program, unless noted in the requested drop-off window. If Access drops off early or is late, please do not expect staff from a Community Center to monitor a participant (if that is necessary) The Community Center staff may not be on duty and they have other responsibilities.
- 2) If field trips are part of the program, there will come a point when the Specialized Programs staff **must** depart on the trip or the entire activity is jeopardized for the other participants who arrived on time. Specialized Programs staff will make every effort to contact the Access service in order to track down the participant and they will attempt to also contact the family / staff if appropriate. In the case of field trips if Access cannot guarantee the time of delivery, perhaps Access service **is not** the best method of transportation for that day. Please consider that option.
- 3) In speaking with Access Customer Service representatives, they have said to be **VERY SPECIFIC** when booking the ride. Tell them a) what time the rider must be there **and** b) what time they must be picked up to go home.
- 4) Please be aware that door-to-door service does not mean that the driver will walk the participant in to the program and make sure the staff know that the person is there. That is not required of the driver. Therefore, it is vital that you inform the Specialized Programs staff that you, or the person you care for, is on Access service so our staff is looking for the individual.
- 5) Please understand that the Specialized Programs staff may have other programs they need to get to or that they are done working and have personal obligations. Every effort you can make to ensure Access arrives on time is appreciated. If there is a consistent problem with early drop-off or late pick-ups, the Specialized Programs staff will call you to discuss the situation.
- 6) Finally, if you have problems with the Access Service, there is a ***Special Ridership Coordinator's Office*** you can call at **206-689-3113**.

NOTE: Due to Staffing & Programming Conflicts, we cannot serve Access transportation clients or Taxi clients for the " Saturday Activities " Program.



**CITY OF SEATTLE
DEPARTMENT OF PARKS AND RECREATION
RECREATION SUPPORT DIVISION
SPECIALIZED PROGRAMS SECTION**

**In Conjunction With The
Specialized Programs Advisory Council**

IMPORTANT NOTICE

Dear Participants, Families & Friends:

Attached is a flyer for our annual fundraiser " The Swim-A-Long ". We hope you will take the time to read through it and consider participating by swimming, sponsoring someone who is swimming, or by giving a donation.

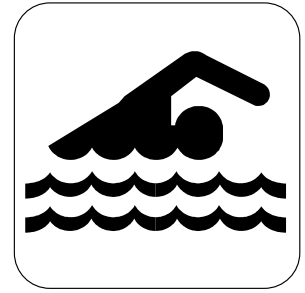
Listed below are just a few ways the money raised through our fundraising efforts is used:

- Scholarships for youth and adults so no one is ever turned away because they cannot afford the cost. Some of the program scholarships given last year include Teen Social, Saturday Activities, and both the Youth and Adult Summer Camps.
- Equipment for programs such as our after school youth programs, adult cooking class, adult day programs, etc.
- Uniforms and equipment for our sports teams and to pay for the transportation to Fort Lewis.

We hope you have enjoyed participating in our programs and will consider taking part in our fundraiser to help us continue to provide quality programs.

Please contact the Specialized Programs Office, (206) 684-4950, for a pledge form for our Swim-A-Long fundraising event.

2004 SWIM - A - LONG



Dear Participants, Families, & Friends:

On Sunday, May 16th the Specialized Programs Advisory Council of the Seattle Parks and Recreation Department will host its 28th annual "**Swim-A-Long**" at Meadowbrook Pool, located at 10515-35th N.E., from 2:00 to 4:00pm. The purpose of this event is to raise funds for the various sports and social programs offered throughout the year in the Specialized Programs Section.

Most people involved with the Section do not realize that the Seattle Parks and Recreation Department covers the cost of all staff, vans (when used), publicity, paperwork, and the use of facilities. While this is a considerable amount, it is through the fundraising efforts of the Specialized Programs Advisory Council that we are able to provide uniforms for our sports teams, purchase equipment and extra supplies as needed for programs, as well as provide scholarships for youth and adults so no one is ever turned away because they cannot afford the cost.

Everyone participating in the Swim-A-Long will receive a small gift of appreciation.
The top three people that collect the most "sponsors" win a dinner for two

Looking over our records from the past few years, we realized that the same people were supporting the Swim-A-Long. We hope that if more of you know about the event, you will choose to become involved.

If you would like to help us by donating, swimming, or obtaining sponsors for others who are swimming, please complete the form below and return it to one of our staff or mail to our office: *Seattle Parks & Recreation Department, Specialized Programs Section, ATT: Linda, 8061 Densmore Avenue North, Seattle, WA 98103.* Upon receipt of the form, one of our staff will contact you to give you more details.

Thank you, in advance, for your support. If you have any questions, please feel free to call the Specialized Programs Office at 206-684-4950.

SWIM - A - LONG 2004

Name: _____ **Phone:** (_____)

Address: _____ **Zip:** _____

Yes **No**

- | | | |
|-----|-----|--|
| ___ | ___ | I would like to swim in the 28th Annual Swim-A-Long. Please send me a sponsor sheet. |
| ___ | ___ | I cannot swim that day but would like to sponsor someone who is swimming. |
| ___ | ___ | I would like to give a donation to the Swim-A-Long. |



**Seattle Parks & Recreation Department
and
Kiwaniis Club Of Meridian, Kent, WA**



PRESENTS THE

Washington Wheelchair Sports Jamboree

Saturday, April 24, 2004

8:30 am – 4:00 pm

**Chief Sealth High School
(West Seattle)**

Free!

Free!

This event is open to the public!

If you are not a sports participant, you do not need to register

The Seattle Parks & Recreation Department and the Kiwanis Club of Meridian Kent, WA., team up with other organizations to sponsor this special event.

The Jamboree is geared towards individuals who have the ability to follow a sequence of instructions and have adequate upper body control to maneuver a manual wheelchair.

PLEASE NOTE: This is 'NOT' Special Olympics, which is for developmentally disabled adults.

The clinics are an introduction / opportunity for individuals, parents, therapists, teachers, recreation professionals and interested others to learn about competitions in wheelchair sports as well as equipment. Information on Regional, National, and International Competitions will be available for individuals for individuals interested in Sanctioned Competitive Sports or just Recreation. It will also offer information on how a participant could train on their own in the community or school and work towards a sports scholarship to a University.

CLINICS - NEW EQUIPMENT FOR YOUTH & ADULTS IN:

Basketball, Handcycling, Road Racing, Table Tennis, Tennis, Track

FEATURING:

Jim Martinson, Paralympian Gold Medalist
Anthony Anderson, World Wheelchair Tennis Champion
Dave Fouquette, Junior Sonics Wheelchair Basketball Coach
Northwest Wheelchair Sport Coaching Staff

DEMONSTRATIONS:

Annual “ Jim Martinson Grudge Match”

Surprise Men’s Wheelchair Basketball vs. Wheelie Team Wheelchair Basketball Team

EXHIBITORS: Programs, Individual / Team Information, etc.

Interested in being an exhibitor? Contact Wendy Leatherman, (206) 853-6371 / wleatherman@hotmail.com

INFORMATION / MAILING LIST AND TO PRE-REGISTER:

Please contact Nick Bicknell: (206) 615-0617 or e-mail: nick.bicknell@seattle.gov

Information can be downloaded from: www.cityofseattle.net/parks/events/wheelchairsports.htm

SPRING SPORTS INFORMATION

Coaches will keep you informed when further information on Regional and State Meets is available.

REMEMBER - *You must attend a Regional Meet to be considered in the quota for a State Meet.*

SPORT: **Track & Field** (held Tuesday evenings starting March 30 – June 1)
LOCATION: Ingraham High School Track (1819 North 135th)
TIME: 6:30 - 8:30 p.m. (*See Note Below)
METRO: You can take Bus #317
ACCESS: Request to be dropped off at 6:30 p.m. and pick-up window to be between 8:00-8:30 pm
(*Let Access drivers know to drive into the parking lot **BEHIND** the school*)



This track is not under the lights so the first 2 practices March 30 & April 6 will be run for one (1) hour - 6-7pm with Access pick-up scheduled 7:00-7:30 pm– all remaining practices will run for 2 hours as scheduled above.)

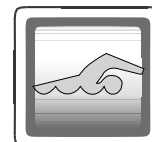
NOTE: Unless there has been a continuous "hard" rain, practice will be held. *Cancellations will not be determined until 4:30 p.m., so please do not call before 4:30 p.m.*

Special Olympics Regional Tournament: April 24 - Shoreline Stadium
Special Olympics State Tournament: June 4-6 - Fort Lewis (for those athletes who qualify)

SPORT: **SWIM TEAM** (held Thursday evenings starting April 1 – June 3)
NOTE: *No practices held April 22 or April 29 due to pool closure*

LOCATION: Meadowbrook Pool (10515 - 35th NE)
TIME: 7:00 - 8:00 p.m.

COST: \$2.25 / individual sessions OR you can buy a punch card for \$20.00 (valued at \$22.00)



Special Olympics Regional Tournament: April 17 / Federal Way - Weyerhauser Pool
Special Olympics State Tournament: June 5 - 6 / Fort Lewis (for those athletes who qualify)

IMPORTANT NOTICE:

We are asking that athletes NOT use Access to and from swim team. Access vans cannot give an exact time for pick-up, only a 1/2 hour window. The Specialized Programs Staff must be on the pool deck during practices so are unable to go out and watch for the vans until practice is over. If a van does arrive early, they will only wait five minutes and do not always come into the pool building to let staff know who they are there to pick up. Since they only wait five minutes, that does not allow athletes enough time to get out of the pool, showered, and dressed. Specialized Programs Staff are scheduled to work until the program is over at 8:00 pm, so scheduling a window from 8:00-8:30 pm causes staffing problems. We have had problems with Access in the past, which is why we are requesting athletes not to use it. We apologize for any inconvenience this may cause. If you have any questions, please call the Specialized Programs Office, 684-4950. Thank you.

SPRING SPORTS:

- Track & Field***
- Swimming***

PRE-REGISTRATION REQUIRED:

Please call the Specialized Programs Office, 206-684-4950, to pre-register.

EVERYONE interested in participating to pre-register by the date listed below.

Pre-register no later than March 23, 2004

REQUIREMENTS:

- If athletes wish to compete on the Special Olympics Track & Field OR the Swim teams, they must have their 'Medical Form' turned in to our office by March 23rd in order to participate in the Special Olympics Tournaments.
- If you are not planning to compete in the tournaments, you may still participate in practices without a Special Olympics medical Form on file but must have an Adult Information Form on file.
- If you have a question about the form, please call the Specialized Programs Office at (206) 684-4950.

IMPORTANT: The Special Olympics office has informed us that athletes may compete in only ***ONE*** sport during Spring Season. If you have competed in Track & Field and Swimming in the past you **WILL NOT** be able to do both this year. You will have to choose one sport to compete in – either Swimming **or** Track & Field.

INTRODUCTION TO Crew (ROWING)

The Seattle Parks and Recreation Department's Specialized Programs Section has been invited to participate in an introduction to crew (rowing) with the George Pocock Rowing Foundation.

Sign up to take an introduction to crew (rowing class) at the George Pocock Rowing Center. You will learn how to handle a 12-foot long oar and use a sliding seat in the Rowing Center's training barge.

The George Pocock Rowing Foundation is a non-profit organization looking to expand opportunities for all abilities to get involved in the sport of crew (rowing). Comfort around the water is recommended.

Class participants must be able to follow simple directions and actively participate (row) without 1-on-1 assistance/supervision.

DATES: Mondays, April 5 - May 24

TIME: 6:15 – 8:00 p.m.

COST: Free

BRING: T-shirt, windbreaker, shorts, or sweatpants

PROVIDED: Life vests and Instructors

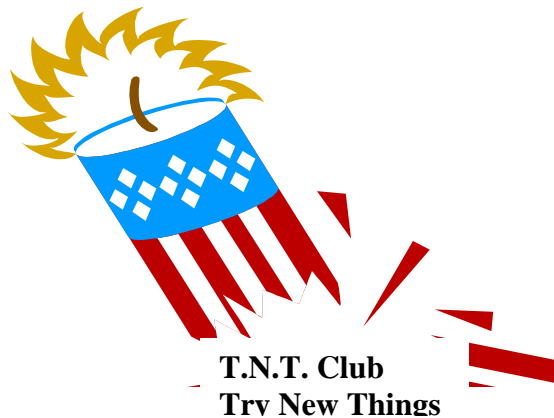
MEET / RETURN: Pocock Rowing Center
3320 Fuhrman Ave. East

ACCESS: We will NOT be able to have participants use Access to this program because we will be out on the water and can't wait for late vans for drop-off or early vans for pick-up.

PRE-REGISTRATION: Please call the Specialized Programs Office at (206) 684-4950 beginning at 8:00 am on March 23rd. We must have at least 10 people registered or the class will be cancelled.

DIRECTIONS: From the North, go south on I-5 and take the 45th St. exit. Turn left (east) onto NE 45th St. Turn right (south) onto Roosevelt Way NE. Turn slight right onto Eastlake Ave. NE (you'll be going south over the University Bridge). At the end of the bridge take the first right (west) onto Fuhrman Ave East. Rowing Center will be on your right.





T-N-T CLUB

(Try New Things Club)

For Adults

"TNT Club" is an Adult Day Program for disabled adults, 18 years or older who meet each week to enjoy a fun activity and light refreshment. Activities will include games, crafts, movies, guest speakers, and field trips. To pre-register, please call the Specialized Programs Office, 684-4950. Please indicate at this time if you will be riding Access.

You may call the Specialized Programs Office, 684-4950, to receive an Activity Schedule or to answer any questions you may have regarding this program.

DATE: Tuesdays March 30 – June 1, 2004

NEW TIME: 10:15 a.m. – 12:00 NOON
--

WHERE: Meadowbrook Community Center
10517 - 35th Ave. NE

COST: Depends on the activity

BRING: **DUE TO THE SHORTER PROGRAM HOURS**
" DO NOT " BRING A SACK LUNCH OR SOMETHING TO DRINK

ACCESS RIDERS: Please request:
Drop-off window between 10:00-10:30 am and
Pick-up window between 11:45-12:15 pm.

REMINDER: The Community Center does not open until 10:00 am and the Specialized Programs staff do not arrive until 10:00 am. Please <u>DO NOT</u> request your Access drop-off window any earlier than 10:00 - 10:30 am.

WHAT'S COOKING ??? FOR ADULTS

The Cooking Class is for adults with disabilities, 18 years of age and older, who are independent, follow directions easily, and do not require a one-on-one supervision.

Learn the basic skills for preparing and cooking healthy meals. We will learn what's needed to prepare a meal from beginning to end and eat our finished meals.

Due to the popularity of this class and the limited number we can accommodate, we are asking that you register for only ONE session.

We are also requesting that agencies and group homes limit the number of people they pre-register to two.

DATES: Session #1 Tuesdays March 30 – April 27

Session #2 Tuesdays May 4 – June 1

PLACE: Delridge Community Center
4501 Delridge Way SW

TIME: 6:30 – 8:30 pm for each session

COST: \$15.00 for Session #1 due no later than March 26th
\$15.00 for Session #2 due no later than April 30th



Please make checks payable to: Specialized Programs Advisory Council

Mail checks to: Specialized Programs Section
ATTN: Linda
8061 Densmore Avenue North
Seattle, WA 98103

LIMIT: Class size is limited to 10 people










PRE-REGISTRATION IS REQUIRED. Call the Specialized Programs Office at (206) 684-4950 to **register starting at 8:00 am on March 23, 2004 . Remember to state which session you are registering for.**

ACCESS RIDERS: Please request a drop-off window between 6:15-6:45 pm and a pick-up window between 8:00-8:30 pm.

Starlight Social

This is a weekly program for individuals 18 years and older held at
Miller Community Center, 330 – 19th Avenue East
6:30 – 8:00 p.m.

Access Riders: Please request a drop-off window of 6:45-7:15 pm and pick-up window of 7:45-8:15 pm

- Mar. 31** ***Hat Night*** - Let's have a Hat Fashion Show! Wear your favorite hat and join in the fun. Refreshments will be served. 
- Apr. 7** ***Bingo*** – The prizes will be yummy ones! Refreshments will be served. 
- Apr. 14** ***Hoe Down*** – Yee hawww! Kick up your heels for a little folk & square dancing. Refreshments will be served. 
- Apr. 21** ***Puzzle Night*** - Try one of ours or bring one 75 piece or less puzzle from home to share. Refreshments will be served. 
- Apr. 28** ***Hurry Up & Wait*** – Be ready to get up and down out of those chairs! Refreshments will be served.
- May 5** ***May Day Flower Night*** – Bring your favorite flower or picture of one to show and tell us why it's your favorite. Refreshments will be served. 
- May 12** ***Pin Soccer*** – Come prepared to throw that ball and hit those pins! Refreshments will be served. 
- May 19** ***Balloon Night*** - Games and contests with our balloons. Refreshments will be served. 
- May 26** ***Music & Dancing*** – Bring your favorite CD or tape and we'll boogie down. Refreshments will be served. 
- June 2** ***Ice Cream Social*** – We'll end the quarter with an ice cream party. We'll provide the ice cream – you bring a topping to share! 

ADULT SOUTHEND SOCIAL

Join us for a variety of social activities at this weekly program for individuals 18 years and older

Southwest Community Center, 2801 SW Thistle

7:00 – 8:30 p.m.

ACCESS: Please request a drop-off window between 6:45-7:00 pm and Pick-up between 8:15-8:45 pm

APRIL

Apr. 1

APRIL FOOLS BIRTHDAY NIGHT

Will we be able to fool all those who have spring birthdays!
Refreshments may be served. April Fools !



Apr. 8

HURRY UP & WAIT NIGHT

Be ready to move fast in and out of chairs.
Refreshments will be served.



Apr. 15

SOCK HOP

Get ready to dance in your fancy stockings! Bring a favorite tape or CD to share.
Refreshments will be provided.



Apr. 22

PUZZLE NIGHT – Come and try out one of our puzzles or bring one from home.
Refreshments will be served



Apr. 29

SWEATSHIRT / T-SHIRT FASHION SHOW

Strut your stuff and show off your favorite sweatshirt or t-shirt for show-off time!
Refreshments will be served.



MAY

May 6

FLOWER NIGHT

April showers bring May flowers! Bring a flower or a picture of your favorite flower. Refreshments will be served.



May 13

CATEGORY NIGHT

Get your thinking caps on and we'll have some fun.
Refreshments will be served.

May 20

EXERCISE NIGHT & RELAY GAMES

Get those muscles moving and see how many different and fun relays we'll be playing.
Refreshments will be provided



May 27

BINGO

We'll have lots of fun 'B-4' we have treats. Prizes will be yummy! .
Refreshments will be served.



June 3

ICE CREAM SOCIAL

We provide ice cream and you bring a topping to share.



BOWLING

This program is not intended to be a bowling lesson. It is a practice session for athletes interested in participating in Fall Sports and for improving existing skills.

DATES: Saturdays STARTING April 3 – May 29, 2004
(* *No Bowling April 17, April 24, or May 15*)

TIME: 12:00 - 2:15 p.m.

PLACE: Sunset Lanes
1420 NW Market

COST: \$2.70 - 1 game
\$5.50 - 2 games
\$7.60 - 3 games



Cash Only - Paid to the bowling alley *before* you bowl (*cost includes shoes*)

IMPORTANT BOWLING NOTICE:

ACCESS: Please request a Drop-Off Window between 11:30-12 noon.

Due to problems with Access pick-ups following the bowling program, we are asking people to **request a 1:30-2:00 pm pick-up window.** (People riding Access may only be able to bowl 1 - 2 games.

We're requesting this time change because the Saturday Travels program which immediately follows Bowling is being impacted. When participants from bowling are late being picked up, the Saturday Travels program then gets a late start. The Saturday Travels programs often have specific times that have been scheduled in advance for activities or tours and can't afford to be late.

If we still continue to have problems, we may have to ask participants not to use Access for the Bowling program. **At this time we do not have staff that can stay with participants that are late being picked up and the staff at the bowling alley are not there to supervise our participants as they have other responsibilities.**

SATURDAY TRAVELS for ADULTS

Registration begins March 22nd by calling 206-684-4950 starting at 8:00 am. You may choose three (3) outings and then you can request to be put on a "Waiting List" for other outings.

(All trip destinations / times are subject to change.)

Meet: Sunset Bowl (1420 NW Market)

Return: Specialized Programs Office (82nd & Densmore)

Time: 2:15-5:30pm

Access: Please request a drop-off window between 1:45-2:15 pm and Pick-up between 5:30-6:00 pm

NOTE: When requesting Access for pick-up, please give them the office address:
8061 Densmore Avenue North **AND** have them make a note to the driver to go to the
Office Entrance on 82nd & Densmore.

IMPORTANT CHANGE: Everyone registered for Saturday Travels will be **REQUIRED** to have an Adult Information Form on file and to bring some type of Identification with them when they attend the program (i.e., ID bracelet, ID card)



MARCH / APRIL



Apr 3 **WORLD RHYTHM FESTIVAL AT SEATTLE CENTER**
Free Feel the beat - tap your toes - and sway to the rhythm...

Apr 10 **BLACK DIAMOND BAKERY**
\$2.00 We'll be taking a drive out to this historic bakery where you can purchase a treat.

Apr 17 **TULIP FESTIVAL - (time change for this outing: 12 - 5:30 pm)**
Free *** NOTE: Both the drop off and pick-up will be at the office, NOT Sunset Bowl.**
The Access drop-off window is 11:30-12 noon / Pick-up window is 5:30-6:00 pm

Apr 24 **NO PROGRAM** - Programs is cancelled due to the Washington Wheelchair Sports Jamboree



MAY



May 1 **SEAHAWKS STADIUM TOUR**
\$5.00 We'll score a touchdown with a tour of this fabulous facility.

May 8 **POPULAR SEATTLE VIEW POINTS TOUR**
Free We're so lucky to be living in Seattle, come and see some of the reasons why.

May 15 **EATING OUT AT COUNTRY HARVEST**
\$8.00 *** NOTE: Both the drop off and pick-up will be at the office, NOT Sunset Bowl.**
The Access drop-off window is 1:45-2:15 pm / Pick-up window is 5:30-6:00 pm

May 22 **CHINESE GARDEN TOUR**
Free Don't miss this peaceful, scenic garden with a surprise around every corner.

May 29 **PUTT-PUTT GOLF**
\$4.00 A fun course to "putt" around and challenge yourself.

2004 ADULT SUMMER CAMPS PREVIEW



Dear Participants, Parents, Guardians:

Our Adult Summer Brochure 2004 will be mailed the beginning of June with programs beginning on June 14th.

TAKE A PEEK

To help you plan for the weekend overnights, we have included camp dates and costs for your convenience.

Registrations will again take place by phone only on the Sign-Up Dates listed in the Summer Program brochure.

The camps will be held at: Camp Long (in West Seattle)
5200 – 35th S.W.

The cost for each session: \$40.00 per session









The camp dates are as follows:

Camp Long #1	June 25 – June 27	Friday, 6pm to Sunday, 1:30pm	<i>Holiday Weekend</i>
Camp Long #2	July 16 – July 18	Friday, 6pm to Sunday, 1:30pm	<i>Western Weekend</i>
Camp Long #3	Aug. 6 – Aug 8	Friday, 6pm to Sunday, 1:30pm	<i>Luau Weekend</i>


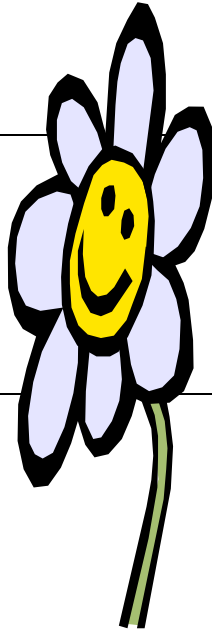
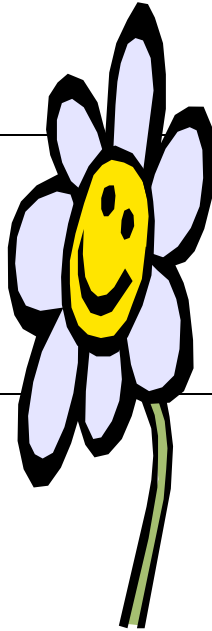


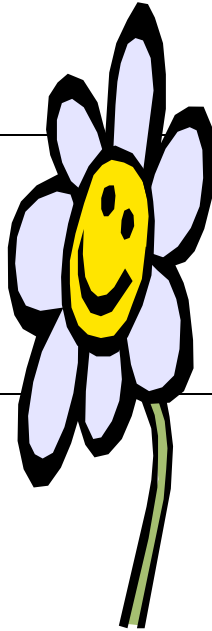



We hope this information is helpful to you in preparing for summer. If you have any questions, please call the Specialized Programs Office at (206) 684-4950.

March / April 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH	March 29	March 30 TNT (See Enclosed Flyer) ***** COOKING CLASS #1 (See Enclosed Flyer) ***** SPECIAL OLYMPICS Track & Field Practice (See Enclosed Flyer)	March 31 STARLIGHT SOCIAL (See Enclosed Flyer) ***** APRIL Don't be fooled - April starts tomorrow!!!	APRIL 1 SOUTHEND SOCIAL (See Enclosed Flyer) ***** SPECIAL OLYMPICS Swim Team Practice (See Enclosed Flyer)	2 	3 BOWLING (See Enclosed Flyer) ***** SATURDAY TRAVELS (See Enclosed Flyer)
4  Daylight Savings Time Begins Today	5	6 TNT ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	7 STARLIGHT SOCIAL	8 SOUTHEND SOCIAL ***** SPECIAL OLYMPICS Swim Team Practice	9	10 BOWLING  ***** SATURDAY TRAVELS
11	12 	13 TNT ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	14 STARLIGHT SOCIAL	15 SOUTHEND SOCIAL ***** SPECIAL OLYMPICS Swim Team Practice	16 	17 BOWLING CANCELLED TODAY ***** SATURDAY TRAVELS ***** Regional Special Olympics Swim Meet
18	19	20 TNT ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	21 STARLIGHT SOCIAL	22 SOUTHEND SOCIAL ***** CANCELLED TODAY SPECIAL OLYMPICS Swim Team Practice	23 	24 ALL PROGRAMS CANCELLED TODAY DUE TO: Regional Special Olympics Track & Field Tournament
25/ 	26	27 TNT ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	28 STARLIGHT SOCIAL	29 SOUTHEND SOCIAL ***** CANCELLED TODAY SPECIAL OLYMPICS Swim Team Practice	30	***** Washington Wheelchair Sports Jamboree 

May / JUNE 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY & JUNE	3 	4 TNT CLUB (See Enclosed Flyer) ***** COOKING CLASS #2 ***** SPECIAL OLYMPICS Track & Field Practice	5	6 SOUTHEND SOCIAL (See Enclosed flyer) ***** SPECIAL OLYMPICS Swim Team Practice (See Enclosed Flyer)	7 	1 Bowling / Saturday Travels 8 BOWLING (See Enclosed Flyer) ***** SATURDAY TRAVELS
9 Mother's Day	10	11 TNT CLUB ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	12 STARLIGHT SOCIAL	13 SOUTHEND SOCIAL ***** SPECIAL OLYMPICS Swim Team Practice		15 BOWLING CANCELLED TODAY ***** SATURDAY TRAVELS
16 SPECIALIZED PROGRAMS 28th ANNUAL SWIM-A-LONG 	17	18 TNT CLUB ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	19 STARLIGHT SOCIAL 	20 SOUTHEND SOCIAL ***** SPECIAL OLYMPICS Swim Team Practice		22 BOWLING ***** SATURDAY TRAVELS
23	24	25 TNT CLUB ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	26 STARLIGHT SOCIAL	27 SOUTHEND SOCIAL ***** SPECIAL OLYMPICS Swim Team Practice	28	29 BOWLING ***** SATURDAY TRAVELS
MAY 30 JUNE 6 STATE SPECIAL OLYMPICS MEET Last Day for Spring Programs	MAY 31 CITY HOLIDAY MEMORIAL DAY 	JUNE 1 TNT CLUB ***** COOKING CLASS ***** SPECIAL OLYMPICS Track & Field Practice	JUNE 2 STARLIGHT SOCIAL	JUNE 3 SOUTHEND SOCIAL ***** SPECIAL OLYMPICS Swim Team Practice	JUNE 4 STATE SPECIAL OLYMPICS FORT LEWIS, WA	JUNE 5 STATE SPECIAL OLYMPICS FORT LEWIS, WA

YOUTH PROGRAMS

4 - 21 YEARS OF AGE

(Youth are welcome to remain in the Youth Programs until the age of 21, however, please note the Adult Programs begin at the age of 18 and we encourage people to begin the transition from youth to adult programs at that time)

***If your child will be attending the
Special Programs Section's Youth Programs,
you must have an Information Form on file.***

SWIM LESSONS

Please check the City pools in your area as many of them are adding specialized programs swim lessons or integrating youth with disabilities in to their regularly scheduled lessons. These pools are:



684-4094.....Ballard Pool
684-4961.....Evans Pool
684-4979.....Madison Pool
684-4989.....Meadowbrook Pool

386-4766.....Medgar Evers Pool
386-4282.....Queen Anne Pool
386-1944.....Rainier Beach Pool
684-7440.....Southwest Pool

* * * * *

YOUTH BOWLING

This program is not intended to be a bowling lesson. It is a practice session for individuals interested in participating in Fall Sports and for improving existing skills.

DATES: Saturdays STARTING April 3 - May 29
(*NOTE: No Bowling on April 17, April 24, or May 15*)

TIME: 12:00 - 2:15 p.m.

PLACE: Sunset Lanes
1420 NW Market

COST: \$2.70 - 1 game, \$5.50 - 2 games, or 3 games for \$7.60
(which includes shoes)
Paid to the bowling alley *before* you bowl



IMPORTANT BOWLING NOTICE:

Due to problems we're experiencing with Access pick-ups following the bowling program, we are asking people to request an earlier window than in the past. **Please request a 1:30-2 pm pick-up window.** By requesting an earlier pick-up window, people riding Access may only be able to bowl one - two games.

We're requesting this time change because the Adult Saturday Travels programs which immediately follow Bowling is being impacted. When participants from bowling are late being picked up, the Saturday Travels program then gets a late start. The Saturday Travels programs often have specific times that have been scheduled in advance for activities or tours and can't afford to be late. We're hoping by asking that our bowling participants request an earlier pick-up window, that the Saturday Travels will no longer be impacted.

If we still continue to have problems, we may have to ask participants not to use Access for the Bowling program. **At this time we do not have staff that can stay with participants that are late being picked up and the staff at the bowling alley are not there to supervise our participants as they have other responsibilities.**

If you have any questions regarding this change, please call the Specialized Programs Office at (206) 684-4950.

SATURDAY ACTIVITIES for YOUTH

Saturday Activities is for Special Education Students ages 4-21. Registration is done weekly beginning at 8:00 am on the Tuesday morning prior to the activity you would like your child to attend. Space is limited and is on a first call - first serve basis.

MEET: SPECIALIZED PROGRAMS OFFICE..... 8061 Densmore Avenue North

TIME: 9:00 am – 2:00 pm (unless otherwise noted)

Please let us know when you pre-register if your child uses a wheelchair so we can make needed van accommodations. Thank you.

Bring a sack lunch & drink, and dress according to the weather. If the trip requires money, please bring **CASH ONLY** in an envelope with your child's name on it. Space is limited. If your child will be unable to attend, please call our office and leave a message so the next person on the waiting list can fill that spot.

Specialized Programs Office Phone Number Is: (206) 684-4950

April 3 **\$5.00 / Chuck E Cheese Pizza Party** - Let's have a great time enjoying pizza, pop, and games!



April 10 **\$4.00 / Springbrook Trout Farm** - See if you can catch a fish with hook, line and sinker!



April 17 **Program Cancelled** - Due to the Special Olympics Swim Meet

April 24 **Program Cancelled** – Due to the Washington Wheelchair Sports Jamboree

May 1 **\$5.00 / NW Railway Museum** – Check out the railway history and go for a train ride past Snoqualmie Falls.



May 8 **\$4.00 / Storybook Theater** - “The Princess & The Pea” a charming fairytale about a princess, a tall bed, and an amazing pea.



May 15 **Free / Woodland Park Zoo** - See the antics of the monkeys and penguins and marvel at the lions, tigers, and bears - oh my!



May 22 **\$4.00 / Outback Kangaroo Farm** - See these wonderful animals that have a big bounce and large pocket.



May 29 **No Program due to Memorial Day Weekend**

June 5 **No Programs due to Special Olympics State Tournament**

****This is the end of Spring quarter. We will resume Saturday Activities in the Fall.**

NOTE: *If funding is a problem or you would like to be added to our year round mailing list, please call the Specialized Programs Office at (206) 684-4950.*

NOTE: *Due to Staffing & Programming Conflicts, we cannot serve Access OR Taxi Transportation clients for the “Saturday Activities” Program.*

SPECIAL NEEDS YOUTH SUMMER CAMP 2004 PREVIEW

Dear Parents / Guardians:

To help you plan for the summer we have included a list of dates for our Youth Day and Overnight Camps. The Overnight Camp fee will be \$75.00 per week per child, while the Day Camp fee will be \$50.00 per week per child.

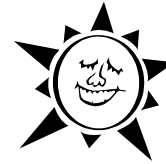
Camperships will again be available, although funding is very limited. The camp is qualified as a Respite Provider. All camp sessions have a Nurse on Duty. For more information regarding use of your respite, please contact our office, 206-684-4950. Our camp brochures will be mailed in mid-April. For your convenience, the 2004 dates are listed below:

Please Note: The check-in time for the Camp Long sessions begins at 1:00 pm.

DAY CAMPS: 4 - 21 years of age

(Monday - Friday from 10:00am - 3:00pm)

June 28 - July 2	Woodland Park #1	<i>Fairy Tale Week</i>
July 19 - July 23	Woodland Park #2	<i>Safari Week</i>
July 26 - July 30	Woodland Park #3	<i>Talent Week</i>
Aug. 9 - Aug. 13	Woodland Park #4	<i>Sports Week</i>



OVERNIGHT CAMPS: 6 - 21 years of age

(Tuesday starting at 1:00 pm - pick-up Friday by 3:00 pm)

June 22- June 25	Camp Long #1	<i>Music/Dance/Games Around the World</i>
July 6 - July 9	Camp Long #2	<i>Imagination Week</i>
July 13 - July 16	Camp Long #3	<i>Talent Week</i>
Aug 3 - Aug 6	Camp Long #4	<i>Time Warp Week</i>



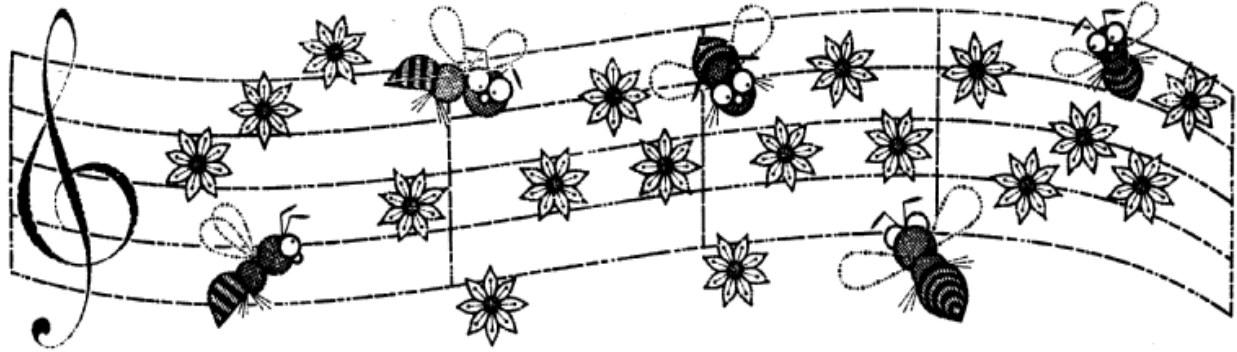



***NOTE: This IS NOT a registration form, this is for your information only.
Camp Registration Forms will be mailed in early April.***

March / April 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH & APRIL YOUTH	March 29	March 30	March 31 APRIL <i>Don't be fooled - April starts tomorrow!!!</i>	APRIL 1	2	3 SATURDAY ACTIVITIES (See Enclosed Flyer) ***** BOWLING (See Enclosed Flyer)
4  <i>Daylight Savings Time Begins Today</i>	5	6	7	8	9 	10 SATURDAY ACTIVITIES ***** BOWLING
11  <i>Easter f</i>	12	13	14	15	16	17 <u>ALL</u> PROGRAMS CANCELLED TODAY DUE TO REGIONAL SPECIAL OLYMPICS SWIM MEET
18	19				23	24 ALL PROGRAMS CANCELLED TODAY DUE TO:  Regional Special Olympics Track & Field Tournament
25/	26				30	***** Washington Wheelchair Sports Jamboree 

May / JUNE 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY & JUNE YOUTH	3	4	5	6	7	1 <i>Saturday Activities & Bowling</i> / 8 <i>Saturday Activities</i> ***** BOWLING (See Enclosed Flyers)
9  Mother's Day	10	11	12	13	14	15 SATURDAY ACTIVITIES ***** BOWLING CANCELLED TODAY
16 SPECIALIZED PROGRAMS 28th ANNUAL SWIM-A-LONG 	17					22 SATURDAY ACTIVITIES ***** BOWLING
23	24	25	26	27	28	29 SATURDAY ACTIVITIES IS CANCELLED ***** BOWLING IS ON Last day for Youth Spring Programs
MAY 30	MAY 31 CITY HOLIDAY 	JUNE 1	JUNE 2	JUNE 3	JUNE 4	JUNE 5